



# Organic Newsletter

Spring Edition, 2011

## Underutilized Spring Flowering Trees and Shrubs

When we think of spring we think of flowering trees like dogwoods and shrubs like forsythias. Next time you're in the market for a new tree or shrub, try these underutilized spring flowering beauties!

### Eastern Redbud (*Cercis canadensis*):

This late spring blooming tree has magenta pink pea-like flowers along the bark of stems and branches; and reaches a height of 20 to 30 feet. Later when the leaves emerge they are heart shaped and a dark mint green color. They will adapt to most soils

that aren't permanently wet; this ability is derived from their roots. As a member of the legume family, their roots are able to fix atmospheric nitrogen, and help to increase soil fertility around them. You can also find cultivars with white flowers and weeping forms.



### Vanhoutte Spirea (*Spiraea x vanhouttei*):

This spirea is covered with white flowers along its fountain-like cascade of branches and blooms April to May. Larger than the more common summer flowering spireas, it grows to about six to eight feet and can spread up to twelve feet. It tolerates many soil types but requires good drainage, it also has a moderate growth rate and requires full sun to light shade for best flowering.



This Asian native originally derived its name from the French "dents de lion", which means teeth of the lion; referring to the jagged margins of the leaf. Every spring this common weed torments gardeners and grass lovers, but it was actually a staple in many cultures medicinal practices and a valuable source of nutrition!

### **Just Dandelions!**

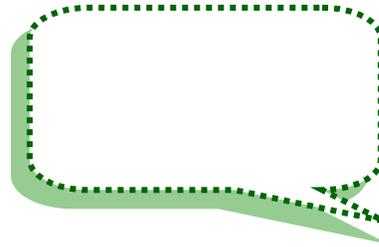


Corneliancherry Dogwood (*Cornus mas*):



Despite the “cherry” in the common name this nearly pest-free dogwood, is another small tree topping out at approximately 20 feet. It prefers full sun to part shade and is relatively

adaptable to many soils, but needs good drainage. At the very beginning of spring (late March-early April) when you’re yearning for color, this multi-stemmed tree blooms with golden yellow flowers. As an additional bonus it has a gray-tan exfoliating bark and elevation of the lower branches is sure to show it off!



**If April showers bring May flowers,  
what do May flowers bring?**

~ \* ~

**Pilgrims!**

Korean Spice Viburnum (*Viburnum carlesii*)

This multi-stemmed, deciduous viburnum blooms in late April with pinkish-white flowers that are very fragrant. It grows to about four to six feet in width and height. Preferring a well drained, slightly acidic soil and full sun to part shade, this shrub makes a perfect addition to any garden!



# Organically Grown



## *Organic Spring Pizza*

*(Pizza can be made with dozens of different vegetables. This particular pizza includes traditional spring goodies, arugula and artichokes.)*

4 organic baby artichokes  
8-10 sundried tomatoes  
2 tablespoons extra-virgin olive oil  
3 garlic cloves, minced  
1 pizza dough (you can find them at any supermarket, Whole Foods, Trader Joes)

6- 8 ounces fresh mozzarella cheese, sliced thin  
10 black, dried, piquées or kalamata olives, pits removed  
1 teaspoon fresh oregano, minced  
1 cup young organic arugula (rocket) leaves  
¾ cup Asiago cheese, grated

Preheat the oven to 500°F cut the top ½ inch (13 mm) off the baby artichokes. Cover them with water and simmer them for 10 minutes, or until tender. Cool the artichokes.

Blend the olive oil with the garlic. Spread the oil mixture evenly over the pizza shell. Distribute mozzarella cheese slices evenly over the pizza shell. Quarter the cooked artichokes and put them on top

of the mozzarella. Add the olives and tomatoes and sprinkle them with the oregano. Bake the pizza for 7 to 10 minutes, or until the cheese has melted. Remove it from the oven, cover it evenly with arugula, and sprinkle on the Asiago cheese.

Either serve the pizza as is or return it to the oven for 2 more minutes to wilt the arugula and melt the Asiago.

*Makes 1 medium-size pizza that serves 2.*

*Note: We recommend using certified organic ingredients, when available, in all recipes to maximize flavors and nutrition while minimizing your risk of exposure to pesticides, chemicals and preservatives.*

~\*~

*Hoping your spring is full of  
color, smiles and plenty of sun!*

*~The Organically Green Team*

~\*~

*"It's spring fever. That is what the name of it is. And when you've got it, you want - oh, you don't quite know what it is you do want, but it just fairly makes your heart ache, you want it so!"*

*~ Mark Twain*

## *Services for 2011:*

We offer the following services to help increase the enjoyment and beauty of your property:

### Tree / Shrub:

- ❖ Shrub & Tree Spraying / Fertilization Programs
- ❖ Integrated Pest Management
- ❖ Soil Restoration
- ❖ Plant and Soil Stimulation Program
- ❖ Deep Root Feeding
- ❖ Root Growth Enhancement
- ❖ Mature Tree Restoration
- ❖ Air Spading
- ❖ Radial Trenching
- ❖ Vertical Mulching
- ❖ Anti-Desiccant Spraying
- ❖ General Tree and Shrub Maintenance Removal

### Turf:

- ❖ Lawn Renovation
- ❖ Fertilization
- ❖ Overseeding
- ❖ Core Aeration
- ❖ Estate / Property Purification

### Organic Pest Control:

- ❖ Flying Insect
- ❖ Deer / Geese
- ❖ Rodent Repellent
- ❖ Organic Tick & Flea Control

*We also offer Outdoor Holiday Décor.*

*Call (631) 467-7999 for a free estimate!*



